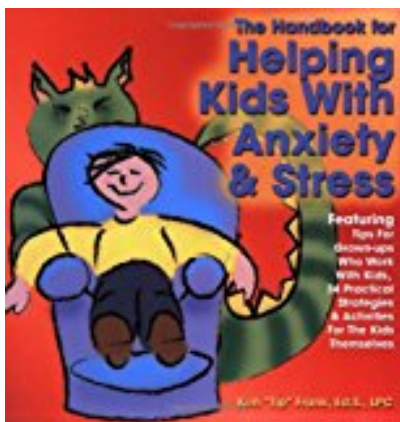


The Handbook for Helping Kids with Anxiety and Stress Featuring Tips for Grown-Ups Who Work with Kids 34 Practical Strategies & Activities From the K



BOOK DETAILS

- Author : Kim Frank
- Pages : 80 Pages
- Publisher : Youthlight Inc
- Language : English
- ISBN : 1889636576

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BOOK SYNOPSIS

This book provides a collection of practical, easy-to-follow tips and activities to help kids with various types of fears, anxieties and phobias. The first section of the book includes insights, hints and suggestions for helping professionals and parents who are working to help kids learn to cope with their anxiety and stress. The second section is for kids, themselves. It includes stories, activities, and suggestions that can help kids face fears.

THE HANDBOOK FOR HELPING KIDS WITH ANXIETY AND STRESS FEATURING TIPS FOR GROWN-UPS WHO WORK WITH KIDS 34

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