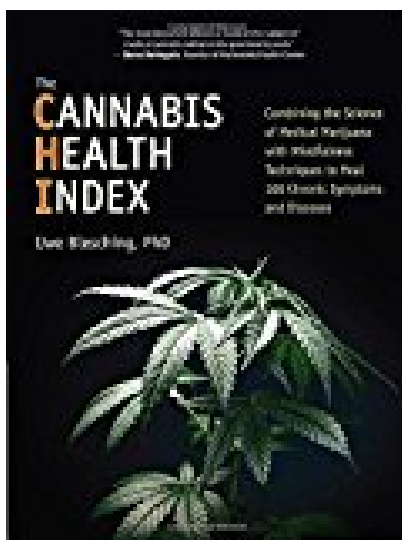


The Cannabis Health Index Combining the Science of Medical Marijuana with Mindfulness Techniques To Heal 100 Chronic Symptoms and Diseases



BOOK DETAILS

- Author : Uwe Blesching
- Pages : 660 Pages
- Publisher : North Atlantic Books
- Language : English
- ISBN : 1583949623



BOOK SYNOPSIS

This comprehensive sourcebook combines evidence-based insights from more than 1,000 studies from cannabinoid and consciousness research to present a convincing case for the powerful healing effects of medical marijuana on over 100 chronic symptoms and diseases. Written by a former paramedic with a PhD in alternative healthcare, this in-depth reference shows that the subtle shifts in awareness commonly observed in cannabis-using patients vastly contribute to these compounds therapeutic potential. The Cannabis Health Index is organized into condition-specific chapters, with eye-catching ratings of cannabis efficacy for each symptom, along with recommendations for use, and sidebars that suggest related mindfulness-based practices that enhance the bodys own ability to heal. Organized alphabetically from aging to wound care, with sections on a variety of conditions including infections, cancer, cardiovascular health, eye diseases, inflammatory diseases, neurological diseases, and much more, the Index reveals that the huge body of scientific studies focused on cannabis is a tremendously under-utilized repository of knowledge. In synthesizing the findings of these studies, Blesching brings clarity to the process of making informed decisions about cannabis as a valid treatment. Informative, user-friendly, and practical, The Cannabis Health Index presents striking evidence that cannabis is remarkable safe and effective when used within the proper therapeutic window, especially compared with the risks of managing chronic symptoms with pharmaceuticals.

THE CANNABIS HEALTH INDEX COMBINING THE SCIENCE OF MEDICAL MARIJUANA WITH MINDFULNESS TECHNIQUES TO HEAL 100 CHRONIC SYMPTOMS AND DISEASES - Are you looking for Ebook The Cannabis Health Index Combining The Science Of Medical Marijuana With Mindfulness Techniques To Heal 100 Chronic Symptoms And Diseases? You will be glad to know that right now The Cannabis Health Index Combining The Science Of Medical Marijuana With Mindfulness Techniques To Heal 100 Chronic Symptoms And Diseases is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

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