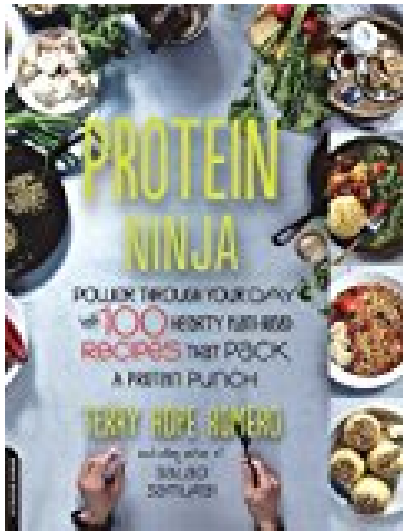


Protein Ninja Power through Your Day with 100 Hearty Plant-Based Recipes that Pack a Protein Punch



BOOK DETAILS

- Author : Terry Hope Romero
- Pages : 240 Pages
- Publisher : Da Capo Lifelong Books
- Language : English
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BOOK SYNOPSIS

"One of the rock stars of the vegan cooking world" (Portland Oregonian), author of Salad Samurai and bestselling coauthor of Veganomicon, Terry Hope Romero is back with 100 recipes devoted to the nutrient that still bedevils vegans: protein.

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