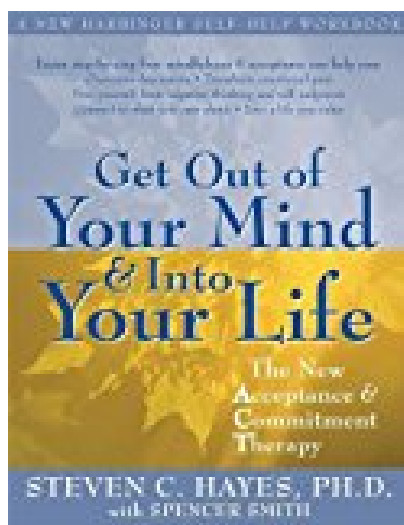


Get Out of Your Mind and Into Your Life The New Acceptance and Commitment Therapy A New Harbinger Self-Help Workbook



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