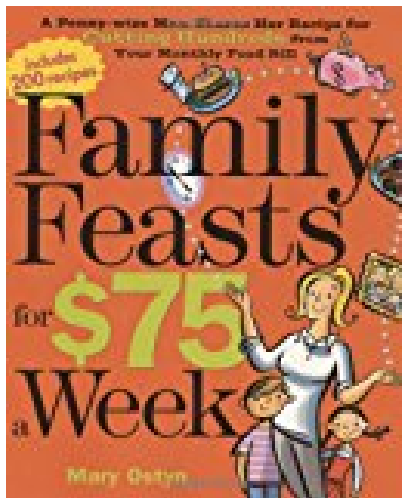


# Family Feasts for \$75 a Week A Penny-wise Mom Shares Her Recipe for Cutting Hundreds from Your Monthly Food Bill

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## BOOK DETAILS

- Author : Mary Ostyn
- Pages : 304 Pages
- Publisher : Oxmoor House
- Language : English
- ISBN : 0848732960

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## BOOK SYNOPSIS

From one of Nielsen's top 50 power moms comes advice you can take to the bank—literally! Crystal Paine, who has helped busy women everywhere take control of their finances, presents her most effective strategies designed for families of all sizes and income levels. With hundreds of inspiring “why didn't I think of that?” tips, plus worksheets, Paine breaks down your goals into easy, manageable steps so you can:

- Achieve a complete financial makeover
- Set up a realistic budget
- Never pay retail
- Slash your grocery bill
- Organize your time and your home
- Use coupons wisely
- Pay with cash only
- Live simply
- Become debt free
- Choose contentment
- Make every dollar count

### **FAMILY FEASTS FOR \$75 A WEEK A PENNY-WISE MOM SHARES HER RECIPE FOR CUTTING HUNDREDS FROM YOUR MONTHLY FOOD BILL -**

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