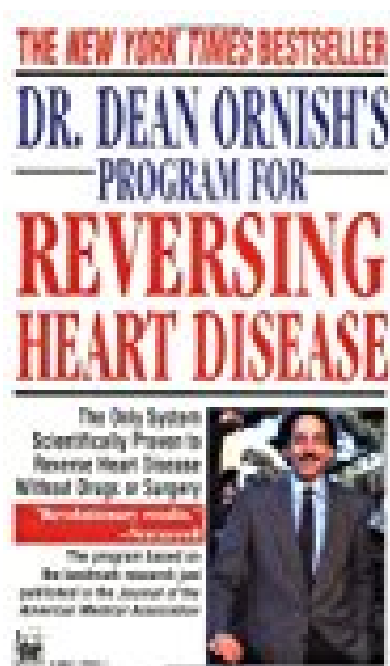


# Dr. Dean Ornish's Program for Reversing Heart Disease The Only System Scientifically Proven to Reverse Heart Disease Without Drugs or Surgery By Dean Ornish

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## BOOK DETAILS

- Author : Dean Ornish
- Pages : Pages
- Publisher : Ivy Books
- Language : English
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## **BOOK SYNOPSIS**

A program for reducing heart disease emphasizes diet, exercise, meditation, stress reduction, visualization, and emotional healing

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