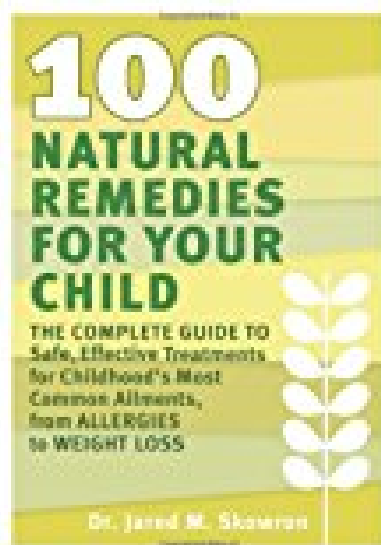


100 Natural Remedies for Your Child The Complete Guide to Safe Effective Treatments for Childhoods Most Common Ailments from Allergies to Weight Loss



BOOK DETAILS

- Author : Jared M. Skowron
- Pages : 368 Pages
- Publisher : Rodale Books
- Language : English
- ISBN : 1609611152

[↓ DOWNLOAD](#)

BOOK SYNOPSIS

Americans spend \$34 billion dollars annually on alternative medical therapies and products. Not only are we seeking out natural remedies for ourselves--increasingly, we are also looking for ways to cut down on the amount of medication given to our children. In *100 Natural Remedies for Your Child*, natural pediatric expert Dr. Jared Skowron shows parents how to prevent and treat their children's illnesses, from common ailments such as upset stomach, headaches, and minor infections to more serious problems like food allergies, diabetes, and asthma. While there is a time and place for conventional medicine, natural solutions, especially dietary ones, can be effective strategies for treating many of our children's ailments. *100 Natural Remedies for Your Child* includes: **FOODS THAT HEAL:** Dietary change is the core lifestyle modification in naturopathic medical practice. Dr. Skowron shows parents the power of nutrition and reveals how foods can help prevent and treat disease. **TOXIC DETOX:** From pesticides to plastics, natural medicine offers safe and proven methods for removing environmental toxins from our children's bodies. **SUPPLEMENTATION:** Parents will learn which supplements are helpful for alleviating symptoms or preventing illness and what dosages are safe and effective. **ALTERNATIVE REMEDIES:** Instead of heading to the drugstore for an over-the-counter remedy when their child is ill, parents will learn how to use homeopathic remedies that save money and heal their child naturally.

100 NATURAL REMEDIES FOR YOUR CHILD THE COMPLETE GUIDE TO SAFE EFFECTIVE TREATMENTS FOR CHILDHOODS MOST COMMON AILMENTS FROM ALLERGIES TO WEIGHT LOSS - Are you looking for Ebook *100 Natural Remedies For Your Child The Complete Guide To Safe Effective Treatments For Childhoods Most Common Ailments From Allergies To Weight Loss*? You will be glad to know that right now *100 Natural Remedies For Your Child The Complete Guide To Safe Effective Treatments For Childhoods Most Common Ailments From Allergies To Weight Loss* is available on our online library. With our online resources, you can find *Applied Numerical Methods With Matlab Solution Manual 3rd Edition* or just about any type of ebooks, for any type of product. Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. *100 Natural Remedies For Your Child The Complete Guide To Safe Effective Treatments For Childhoods Most Common Ailments From Allergies To Weight Loss* may not make exciting reading, but *Applied Numerical Methods With Matlab Solution Manual 3rd Edition* is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with *100 Natural Remedies For Your Child The Complete Guide To Safe Effective Treatments For Childhoods Most Common Ailments From Allergies To Weight Loss* and many other ebooks.

We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with *100 Natural Remedies For Your Child The Complete Guide To Safe Effective Treatments For Childhoods Most Common Ailments From Allergies To Weight Loss*. To get started finding *100 Natural Remedies For Your Child The Complete Guide To Safe Effective Treatments For Childhoods Most Common Ailments From Allergies To Weight Loss*, you are right to find our website which has a comprehensive collection of manuals listed.